

Hot Mitts

Sherry Titzer - <http://www.atimetostitch.com>

Supplies:

Fabric to match design

Aqua Magic or Vilene wash away stabilizer

Warm & Natural quilt batting

Insul-Bright - insulated batting (see picture at bottom of page)

(Insul-Bright batting was designed specifically for handling hot items. It has a silver layer in the middle to deflect heat. The instructions recommended using warm & natural along with the Insul-Bright to absorb heat condensation.)

5x7 hoop size: 4.9"W x 6.9"H

Fabric - 2 pieces 5 1/2" x 7 1/2" & 2 pcs 5 x 5 1/2" for the finger pockets. Fold the pieces in half and iron to crease (for the finger pockets)

Finished pockets measure 2 1/2" x 5 1/2" long.

Optional: sew a decorative stitch along the folded edge.

Insul-Bright insulated batting - 1 piece 5 1/2" x 7 1/2"

Warm & Natural quilt batting - 1 piece 5 1/2" x 7 1/2"

Vilene or Aqua Magic to fit your hoop

5.5 x 8+ hoop size: 5.5"W x 7.5"H

Fabric - 2 pieces 6" x 8" and 2 pieces 5" x 6" for the finger pockets. Fold the 5" x 6" pieces of fabric in half on the long sides and iron to crease (for finger pockets)

Finished pockets measure 2 1/2" x 6" long

Optional: sew decorative stitching along the folded edge.

Insul-Bright insulated batting - 1 piece 6" x 8"

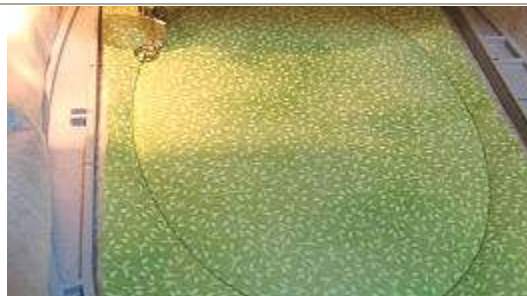
Warm & Natural quilt batting - 1 piece 6" x 8"

Vilene or Aqua Magic washaway stabilizer - to fit hoop



1. Hoop vilene or aqua magic in your hoop. Stitch the first color stop on the water soluble stabilizer only, no fabric yet.

2. Place 1 piece of quilt batting and 1 piece of fabric over the outline. Use adhesive spray to tack both pieces together and then spray again to secure in the hoop.



3. The next color stop tacks the fabric and batting down.

4. Next, stitch the design in the middle following the color order listed in the text file provided with the designs.



5. Remove hoop & place 1 piece of Insul-Bright & a piece of fabric on back side of hoop centered over the outline. Use adhesive spray to keep in place. Keep the fabric & batting flat under the hoop when you put the hoop back on your machine!

6. The next color stop sews two placement lines on each end and secures the fabric & Insul-Bright on the back. The lines stitched across the width of the hot mitt are the placement lines for the finger pockets. (It's really hard to see them in this picture!)



7. Scotch tape the finger pockets on all four corners and in the middle, keep the folded edge even with the stitches placement lines. The next color stop tacks the pockets down (picture not shown of this step)



8. Remove hoop and trim the excess fabric and batting from the back side of the hoop close to the stitches.



9. Flip hoop over to front side, trim the excess fabric and batting from the front as well. Place hoop back on machine.



10. The last color in the design stitches the satin stitch edge and decorative border around design in the middle.



11. Remove hoop and flip to back side again. Run your scissors along the edges to cut the hot mitt away from the stabilizer. Stay at least 1/16" away from the edge.



12. Run a warm wet rag along the edges to dissolve the remaining stabilizer.



13. This picture shows how your fingers and thumb will fit nicely inside the finger pockets to protect them when handling a hot pan or bowl in the oven or microwave.



To learn more about Insul-Bright & Warm & Natural quilt batting visit: <http://www.warmcompany.com>